

11 400m Freestyle Women Heat

Official

WC QT World Champs QT

4:10.57

| | | | | |
|-------------|---|----------------|------------------------------|--|
| NZR | Open New Zealand Long Course Record | 3:59.59 | 2023-07-23 Fukuoka, Japan | Erika Fairweather Neptune Swim Club |
| 18yr NZR | 18 Years New Zealand Long Course Record | 4:03.84 | 2022-03-08 | Erika Fairweather Neptune Swim Club |
| 17yr NZR | 17 Years New Zealand Long Course Records | 4:02.28 | 2021-04-08 | Erika Fairweather OT |
| 15yr NZR | 15 Years New Zealand Long Course Record | 4:08.78 | 2019-08-23 | Erika Fairweather OT |
| 14yr NZR | 14 Years New Zealand Long Course Records | 4:13.55 | 2018-08-25 | Erika Fairweather OT |
| 13yr NZR | 13 Years New Zealand Long Course Records | 4:27.27 | 2002-04-11 | Verity Hicks CO |

Show less



Entries


























Heats

Summary

Total

| Rank | Competitor | Age | Club | RT | WA | Result |
|------|--|-----|-----------------------|------|----|---|
| 1 | Thomas Eve | 22 | Coast Swimming Club | 0.70 | | 4:15.60 Entry: 4:08.13 (+7.47) |
| | 50m: 29.56 100m: 1:01.38 (31.82) 150m: 1:33.88 (32.50) | | | | | 200m: 2:06.17 (32.29) 250m: 2:38.78 (32.61) 300m: 3:11.10 (32.32) |
| | 350m: 3:43.71 (32.61) 400m: 4:15.60 (31.89) | | | | | |
| 2 | Deans Caitlin | 23 | Neptune Swim Club | 0.76 | | 4:20.52 Entry: 4:11.31 (+9.21) |
| | 50m: 29.57 100m: 1:01.03 (31.46) 150m: 1:33.25 (32.22) | | | | | 200m: 2:05.43 (32.18) 250m: 2:39.68 (34.25) 300m: 3:13.12 (33.44) |
| | 350m: 3:46.95 (33.83) 400m: 4:20.52 (33.57) | | | | | |
| 3 | Finer Emilia | 19 | Neptune Swim Club | 0.69 | | 4:26.34 Entry: 4:28.78 (-2.44) |
| | 50m: 30.44 100m: 1:03.54 (33.10) 150m: 1:37.24 (33.70) | | | | | 200m: 2:11.29 (34.05) 250m: 2:45.22 (33.93) 300m: 3:19.47 (34.25) |
| | 350m: 3:53.59 (34.12) 400m: 4:26.34 (32.75) | | | | | |
| 4 | Sweetman Olivia | 18 | HPK Howick Pakuranga | 0.84 | | 4:32.56 Entry: 4:28.61 (+3.95) |
| | 50m: 30.87 100m: 1:04.14 (33.27) 150m: 1:38.19 (34.05) | | | | | 200m: 2:12.38 (34.19) 250m: 2:46.97 (34.59) 300m: 3:21.96 (34.99) |
| | 350m: 3:57.44 (35.48) 400m: 4:32.56 (35.12) | | | | | |
| 5 | Brennan Elizabeth | 17 | Coast Swimming Club | 0.72 | | 4:43.39 Entry: 4:39.22 (+4.17) Q |
| | 50m: 32.09 100m: 1:08.05 (35.96) 150m: 1:44.40 (36.35) | | | | | 200m: 2:21.14 (36.74) 250m: 2:57.23 (36.09) 300m: 3:33.32 (36.09) |
| | 350m: 4:09.01 (35.69) 400m: 4:43.39 (34.38) | | | | | |
| 6 | Botha Michaela | 17 | HPK Howick Pakuranga | 0.70 | | 4:45.78 Entry: 4:39.04 (+6.74) |
| | 50m: 31.59 100m: 1:07.40 (35.81) 150m: 1:44.77 (37.37) | | | | | 200m: 2:21.52 (36.75) 250m: 2:57.56 (36.04) 300m: 3:34.08 (36.52) |
| | 350m: 4:09.90 (35.82) 400m: 4:45.78 (35.88) | | | | | |
| 7 | Shuker Meg | 18 | Pukekohe Swimming ... | 0.65 | | 4:48.79 Entry: 4:45.20 (+3.59) Q |
| | 50m: 31.68 100m: 1:07.06 (35.38) 150m: 1:43.53 (36.47) | | | | | 200m: 2:20.68 (37.15) 250m: 2:57.68 (37.00) 300m: 3:35.08 (37.40) |
| | 350m: 4:12.53 (37.45) 400m: 4:48.79 (36.26) | | | | | |

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|----|---|---|--|------|--|
| 8 |  Yamagami Kiri | 14 |  Howick Pakuranga | 0.69 | 4:49.40 Entry: 4:39.09 (+10.31) Q |
| | 50m: 31.80 200m: 2:21.87 (37.42) 350m: 4:13.59 (37.27) | 100m: 1:08.03 (36.23) 250m: 2:59.03 (37.16) 400m: 4:49.40 (35.81) | 150m: 1:44.45 (36.42) 300m: 3:36.32 (37.29) | | |
| 9 |  Grout Tori | 19 |  North Shore Swimmi... | 0.78 | 4:49.87 Entry: 4:56.86 (-6.99) |
| | 50m: 32.87 200m: 2:22.99 (36.60) 350m: 4:14.57 (37.49) | 100m: 1:08.76 (35.89) 250m: 3:00.26 (37.27) 400m: 4:49.87 (35.30) | 150m: 1:46.39 (37.63) 300m: 3:37.08 (36.82) | | |
| 10 |  Yarrell-Stevenson Henrietta | 13 |  United Swimming Club | 0.73 | 5:02.33 Entry: 5:05.85 (-3.52) |
| | 50m: 34.08 200m: 2:30.58 (38.79) 350m: 4:25.11 (37.85) | 100m: 1:12.61 (38.53) 250m: 3:08.28 (37.70) 400m: 5:02.33 (37.22) | 150m: 1:51.79 (39.18) 300m: 3:47.26 (38.98) | | |
| 11 |  Knight Jaime | 14 |  United Swimming Club | 0.66 | 5:05.72 Entry: 5:02.22 (+3.50) |
| | 50m: 33.83 200m: 2:29.14 (38.96) 350m: 4:27.22 (39.56) | 100m: 1:11.71 (37.88) 250m: 3:08.45 (39.31) 400m: 5:05.72 (38.50) | 150m: 1:50.18 (38.47) 300m: 3:47.66 (39.21) | | |
| 12 |  Hooton Zoe | 13 |  Coast Swimming Club | 0.60 | 5:06.04 Entry: 4:57.87 (+8.17) |
| | 50m: 33.21 200m: 2:29.10 (39.68) 350m: 4:28.11 (39.57) | 100m: 1:10.40 (37.19) 250m: 3:09.14 (40.04) 400m: 5:06.04 (37.93) | 150m: 1:49.42 (39.02) 300m: 3:48.54 (39.40) | | |
| 13 |  Utemova Victoria | 15 |  North Shore Swimmi... | 0.71 | 5:08.11 Entry: 5:10.83 (-2.72) |
| | 50m: 34.28 200m: 2:30.18 (39.25) 350m: 4:29.83 (39.63) | 100m: 1:12.05 (37.77) 250m: 3:09.91 (39.73) 400m: 5:08.11 (38.28) | 150m: 1:50.93 (38.88) 300m: 3:50.20 (40.29) | | |
| 14 |  Calcott Ashley | 15 |  St Paul's Swimming ... | 0.80 | 5:08.71 Entry: 5:07.25 (+1.46) |
| | 50m: 34.32 200m: 2:31.71 (39.68) 350m: 4:30.65 (39.44) | 100m: 1:12.11 (37.79) 250m: 3:11.45 (39.74) 400m: 5:08.71 (38.06) | 150m: 1:52.03 (39.92) 300m: 3:51.21 (39.76) | | |
| 15 |  Strombeck Tannah | 14 |  North Shore Swimmi... | 0.75 | 5:11.82 Entry: 5:14.89 (-3.07) |
| | 50m: 35.59 200m: 2:34.78 (40.09) 350m: 4:34.53 (39.37) | 100m: 1:15.02 (39.43) 250m: 3:14.96 (40.18) 400m: 5:11.82 (37.29) | 150m: 1:54.69 (39.67) 300m: 3:55.16 (40.20) | | |
| 16 |  Lander Ashley | 14 |  St Paul's Swimming ... | 0.86 | 5:14.08 Entry: 5:05.64 (+8.44) |
| | 50m: 35.01 200m: 2:35.05 (40.39) 350m: 4:35.31 (39.99) | 100m: 1:14.07 (39.06) 250m: 3:14.98 (39.93) 400m: 5:14.08 (38.77) | 150m: 1:54.66 (40.59) 300m: 3:55.32 (40.34) | | |
| 17 |  Fox Ashleigh | 14 |  North Shore Swimmi... | 0.74 | 5:19.23 Entry: 5:07.37 (+11.86) |
| | 50m: 35.12 200m: 2:36.80 (40.80) 350m: 4:39.80 (41.43) | 100m: 1:15.34 (40.22) 250m: 3:17.08 (40.28) 400m: 5:19.23 (39.43) | 150m: 1:56.00 (40.66) 300m: 3:58.37 (41.29) | | |
| 18 |  Jiang Olivia | 14 | Roskill Swimming Club | 0.78 | 5:21.92 Entry: 5:04.72 (+17.20) |
| | 50m: 35.38 200m: 2:36.26 (41.38) 350m: 4:41.63 (41.46) | 100m: 1:14.52 (39.14) 250m: 3:18.33 (42.07) 400m: 5:21.92 (40.29) | 150m: 1:54.88 (40.36) 300m: 4:00.17 (41.84) | | |
| 19 |  Neal Amelia | 16 |  Coast Swimming Club | 0.71 | 5:32.68 Entry: 5:20.95 (+11.73) |
| | 50m: 36.45 200m: 2:41.33 (42.52) 350m: 4:50.41 (43.26) | 100m: 1:16.31 (39.86) 250m: 3:24.43 (43.10) 400m: 5:32.68 (42.27) | 150m: 1:58.81 (42.50) 300m: 4:07.15 (42.72) | | |